

East Malling Partnership Action Plan 2015/16

Action	Lead	Outcome	Targets / Target dates
1. Youth Provision			
<p>1.1: Work with Partner agencies to establish regular youth provision for young people in East Malling</p> <p>Run programmes that tackle issues of ASB, linked to above provision.</p>	KIASS	<p>1. Ensure a more comprehensive and co-ordinated offer for youth and community provision in East Malling throughout the Summer.</p> <p>2. To draw up a list of priority families from local knowledge and evidence and target those families for support and mentoring</p>	<p>1. All agencies etc. to send details of any events or services which are accessible to Young People in the East Malling and surrounding areas</p> <p>2. Review task and finish East Malling Youth ASB group as part of the CSU framework and consider the need for further actions. Further Challenger Troop events to be considered.</p>
1.2: Detached Youth Service	KIASS	Provide weekly activity for young people via youth bus.	Ongoing - one evening per week.
1.3: Run a course for boys/young men on self-esteem / positive choices	Angela Borsos & partner agencies	Encourage boys to break away from ASB/not to get involved in criminal activities	Further events planned and smaller projects to take place.
1.4: Run a young women's support group and "Mother / Daughter" event	Angela Borsos & partner agencies	Provide support for young women on emotional & mental wellbeing and related issues.(My time for Me)	One day event and at least one 5 week project to take place with young women only
1.5: Run projects for young people	Angela Borsos & partner agencies	Deliver a range of projects, activities and courses aimed at young people. Also offer work experience and volunteering opportunities.	Street Games initiative in place.
2. Raising Aspirations			
2.1: Run family learning/adult education courses	Angela Borsos/Adult Education/FLO / Children's Centre	Provide accreditation for individuals who do not currently have many / any qualifications	Local people to have access to courses via named agencies and receive accreditation following their attendance at a course. – St James Centre to offer IT / Social media / Emergency first aid / food safety and various other courses.
2.2: Run local youth forum and a local event to highlight 'choices' available for young people	Partners / Angela Borsos	Increase awareness of what is available to young people in and around East Malling	Further Forum planned for 15/16.
2.4: Run parenting courses/provide support for parents	All appropriate agencies / organisations	Help provide support for parents who may need additional help	Parenting support courses to be run - Agencies timescale TBC
2.5: Work Experience and volunteering	Angela Borsos / Vanessa Austin	Accredited work experience and volunteering opportunities.to be offered at St James Centre and Arts Café to assist with skills, confidence and job or college prospects	Ongoing – target for 2015/16 to be reviewed subject to outcome of Reaching Communities funding bid
2.6: Hold a Job Club or drop in sessions	Circle Russet Housing	Provide help for people to get a job and prevent benefit dependency.	Weekly job club at St James Centre - ongoing
2.7: Publicise good news stories	Angela Borsos	Raise the perception of the area	At least 5 good news stories to be published for 15/16.

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2. General Health & Lifestyle (Including Childhood Obesity)			
3.1: Dance / Exercise classes	Angela Borsos	Encourage all age groups to take up regular classes by offering fun, free or cheap easy to access classes.	Organise range of classes at the at St James Centre to include yoga, exercise to music and chair based exercise.
3.2: Promote healthy eating through the Community Arts Café	Vanessa Austin / Angela Borsos	Encourage families to eat more healthily and prevent obesity.	Community Café to hold workshops and events to promote healthier choices, cookery skills etc.
3.3: Run Community Sports events / activities	Angela Borsos / Beverley Emmerson	Encourage young people, adults & families to undertake exercise in a fun way through series of events, workshops & activities	Ongoing
3.4: LEAP (family weight management programme) Counterweight (Adult)	Heidi Ward / Sarah Padfield	Encourage families to eat more healthily and prevent obesity (Weight management, exercise & cookery) Adult weight management programme	New programmes to be launched .
3.5: Smoking Cessation	NHS	Assisting individuals to quit smoking over a 12 week programme.	New programme for 15/16 to be launched.
3.6: Healthy lifestyle event	Angela Borsos/ Partners agencies	Hold event to highlight various good health / lifestyle messages	Early 2016.